

## United Way of Central Iowa Quality Counts Team

Spring 2010 Training Schedule

### **Voice and Choice\*** <http://www.eventbrite.com/event/411325285>

**April 1, 2010: 12:00-2:00 pm**

Youth Emergency Shelter and Service – 918 SE 11<sup>th</sup> Street, Des Moines

Registration fee: \$20\* – includes take home resources

Are you providing young people with authentic, meaningful choices throughout your program? Does your program reflect the input of the youth involved? Research shows that quality programs incorporate youth input at both activity and organizational levels. This workshop will emphasize the importance of offering real choices and meaningful participation to youth, and nurturing youth leadership. This interactive workshop is focused on providing meaningful choice within activities and opportunities for youth input within the youth program itself.

### **Building Community\*** <http://www.eventbrite.com/event/572819318>

**April 15, 2010: 12:00-2:00 pm**

Culture, Inc. – 2332 Euclid Ave., Des Moines

Registration fee: \$20\* – includes take home resources

Do you know what it takes to build an emotionally and physically safe space for youth? Building an emotionally safe community of peers and adults is essential for youth to learn and develop as individuals. This interactive workshop will introduce participants to a variety of activities designed to support the community building process.

### **Engaging Youth in Meaningful Planning\*** <http://www.eventbrite.com/event/572826339>

**April 22, 2010: 12:00-2:00 pm**

Community!Youth Concepts – 3826 ½ Douglas Ave., Des Moines

Registration fee: \$20\* – includes take home resources

Are you engaging youth in the critical life skills of planning? Are you ready to be more intentional about including planning strategies into your daily routine and activities but not sure where to start? This interactive workshop will introduce participants to powerful and easy to use methods that promote youth engagement in planning and implementing activities and projects.

### **Advancing Youth Development** <http://www.eventbrite.com/event/572835366>

**April 27 and 28th: 9:00-2:30 pm BOTH DAYS - Registration begins at 8:30**

United Way of Central Iowa Conference Center – 1111 9<sup>th</sup> St., Des Moines

Registration fee: \$75 – includes take home resources

*Advancing Youth Development* curriculum is designed for staff who work directly with youth and management staff. Participants will become familiar with the youth development approach to youth work, gain a solid understanding of how the approach provides “added value” to youth policies, practices, and programs. Participants will also learn practical strategies for integrating the youth development approach into their current practices in working with youth. Lunch will be provided for both days.

### **Engaging Youth in Meaningful Reflection\*** <http://www.eventbrite.com/event/572845396>

**April 29, 2010: 12:00-2:00**

Riverfront YMCA – 101 Locust, Des Moines

Registration fee: \$20\* – includes take home resources

Are you engaging youth in the critical life skills of reflection? Are you ready to be more intentional about including reflection strategies into your daily routine and activities but not sure where to start? This interactive workshop will introduce participants to powerful and easy to use methods that promote youth engagement in planning and implementing activities and projects.

**\*These trainings qualify for “one free participant for each paid participant” for all programs currently in the Youth Program Quality Assessment (YPQA) process. Programs using the discount – please register paid participants, then contact Community!Youth Concepts with your list of free participants. Programs wishing to learn more about the YPQA process can contact Community!Youth Concepts at 243-4292 or [info@cyconcepts.org](mailto:info@cyconcepts.org) for more information.**